

Finding ways to get around town

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Commission

Driving and owning a vehicle is a privilege in which some New Hampshire residents cannot partake. Those who may be the most likely to lack access to personal transportation include older adults, people with disabilities, people with insufficient income to purchase and maintain vehicles, veterans, and youth.

In addition to those who cannot drive a vehicle, our communities have residents who may want alternative transportation options to save money, for environmental reasons, or simply to have another choice.

A variety of transportation providers are available in the Monadnock Region to meet the mobility needs of residents. However, they can be difficult to find for those who are not familiar with the community transportation system. Mobility management services can help individuals find the transportation they need.

Mobility management is a transportation strategy that prioritizes customer needs, and the meeting of these needs through coordination. It is an evolving concept that aims to improve specialized transportation for traditionally underserved populations. It looks beyond a single transportation service or solution to a “family of services” philosophy that can offer a wider range of services and options to meet an equally wide array of community demographics and needs. Ultimately, mobility management begins with a community vision in which the entire transportation net-

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work including public transit, private operators, cycling and walking, and volunteer driver programs work together with customers, planners, and stakeholders to deliver coordinated transportation options that best meet the needs of residents.

The Monadnock Regional Coordinating Council for Community Transportation (MRCC) is a coalition of public and private transportation providers and users and interested citizens working to build an innovative, coordinated, and resilient transportation network. The MRCC views coordination of transportation services as an opportunity to improve the availability and affordability of community transportation. Mobility management is a part of the equation. During fiscal year 2022, the network provided over 11,000 rides to those who needed them, representing a doubling of the rides provided during the previous year.

Here’s a look at some of the transportation options available in New Hampshire.

Local bus systems

Advance Transit (Lebanon, Hanover, Hartford, Norwich, White River Junction), [\[transit.com\]\(http://transit.com\),](http://advance-</p>
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COAST, coastbus.org, 603-743-5777 (Dover, Farmington, Portsmouth/Pease, Rochester, Somersworth, plus stops in Maine **Concord Area Transit**, concordareatransit.com, 603-225-1989

Home Healthcare Hospice & Community Services (Keene), hcsservices.org/services/transportation, 603-352-8494

Manchester, mtabus.org
Nashua, nashuanh.gov/1307/Nashua-Transit-System

CAP Mid-State Transit
capbm.org/Mid-State-Transit

Sullivan County Transportation (Charlestown, Claremont, Lebanon, Newport), scshelps.org/transportation

Tri-County Community Action Program (North Conway, Littleton, Berlin, Lancaster, Colebrook) tri-countytransit.org

Intercity, interstate bus services

Greyhound, 800-231-2222: Berlin, Center Harbor, Concord, Conway, Dover, Franconia, Gorham, Hanover, Jackson, Keene, Lebanon, Lincoln, Littleton, Manchester, Manchester–Boston Regional Airport, Meredith, Moultonborough, Nashua, New Hampton, North Conway, North Londonderry, Pinkham Notch, Plymouth, Portsmouth, Salem, Tilton, West Ossipee

Concord Coach Lines, 800-639-3317 or 603-228-3300: Berlin, Center Harbor, Concord, Conway, Franconia, Gorham, Jackson, Lincoln, Littleton, Manchester, Meredith, New Hampton, North Conway, North Londonderry, Pinkham Notch, Plymouth, Salem, Tilton, West Ossipee

Boston Express, 800-639-8080 or 603-845-1999: Concord, Londonderry, Manchester, Nashua, North Londonderry, Salem

Peter Pan Bus Lines, 800-343-

9999: Concord, Manchester, Nashua

C&J, 800-258-7111: Dover, Portsmouth

Personal transportation services

Community Volunteer Transportation Services: cvtc-nh.org, 603-821-0569. Since 2008, Community Volunteer Transportation Company has been working to address unmet transportation needs in the 34 towns within the Monadnock region. Every CVTC ride is provided by a dedicated volunteer.

American Cancer Society - Road to Recovery: 1-800-227-2345. A program of the American Cancer Society which provides free rides for cancer patients to medical appointments relating to cancer treatment. Available statewide.

Caregivers, Inc.: 603-622-4948. A program of Catholic Charities NH. Provides caring rides for medical, grocery, dialysis, and other essential needs. Serves Alton, Amherst, Auburn, Bedford, Candia, Goffstown, Hooksett, Hollis, Hudson, Litchfield, Manchester, Merrimack, Milford, Nashua, and Wolfeboro.

Community Caregivers of Greater Derry: (603) 432-0877, (603) 432-7041. Program for elderly and disabled individuals that provides transportation, primarily for medical purposes. Serves Chester, Danville, Derry, Hampstead, Londonderry, Sandown, and Windham.

Disabled American Veterans: 603-373-7190. Provides rides for veterans to the Manchester VA facility.

Future in Sight: 603-224-4039 or clientrides@futureinsight.org. Rides for individuals with vision loss. Primarily medical appointments and essential errands. A statewide service.

Greater Salem Caregivers: 603-898-2850. Provides transportation for homebound adults and seniors to medical appointments, grocery shopping, and friendly visiting. Serves Salem and Pelham.

Sandown Senior Affairs Transportation Program: (603) 479-4413. Provides free transportation service and support through a volunteer network to the elderly, disabled, chronically or temporarily ill residents. Serves Sandown.



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